



1. Blocks 4 Apps & URLs
(Big Social media)

2. Increases Awareness of
Social Media Urges

3. Blocks Additional
Websites

**Unlimited
Block Time**

**Unlimited
Number of Block
Sessions**

**Customizable
Block Settings**

1. Blocks 5 Apps at a Time
(Any Downloaded App)

2. Makes Phone Usage
Clear-Cut and productive

3. Creates Tailored Profiles
to Block for Any Occasion

